

Fall 2019 - July, August, September

PIPELINE

COVERING NEWS FOR SCTA OF COCAINE ANONYMOUS

San Antonio Austin Laredo The Valley Kerrville Cedar Park



PREAMBLE

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization, or institution. We do not wish to engage in any controversy and we neither endorse nor oppose any causes. Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom.

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HOTLINE INFO



These phone numbers are available to anyone with questions about recovery.

If you would like to be added to the hotline phone list, please contact:

hotline@ca-scta.org

San Antonio – (210) 232-6382

Kerrville – (830) 719-4889

Austin (512) 339-4357

The Valley (956) 255-2576

Laredo (956) 413-6588

GROUP DONATIONS

AREA

In the spirit of Tradition 6, CA is not allied with any sect, denomination, politics, or institution.

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Area

CA 183	\$97.40
Step Sisters	\$ 50.00
Recovery text	\$40.00
Drop Kick Rocks	\$60.00
Age of Miracles	\$40.00
Properly Armed	\$50.00
Courage 2 Change	\$11.37

H&I

CA 183	\$20.87
Drop Kick Rocks	\$60.00
Properly Armed	\$50.00
Courage to Change	\$20.00

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The 2020 World Convention Steering and General Committees are excited about the plans and how well they are coming along for our convention on May 21-25, 2020 at the Hyatt Regency in Austin, Texas.

We will be needing many (and I mean A BUNCH!!) of volunteers to work onsite at the convention starting that Wednesday through Monday. Please help us out and let us know you are interested in volunteering by emailing Joan J. at ca2005joan@yahoo.com. There are still committees that could use some help and we would love to point you in those directions leading up to the volunteering onsite.

If you have questions about how you can help or need any additional information, please reach out to me at 512.699.8002 via text or WhatsApp.

In love and service,

Susan L., 2020 Convention Chair

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Coming soon to a town near you....

The South Central Texas Area

Will be hosting the

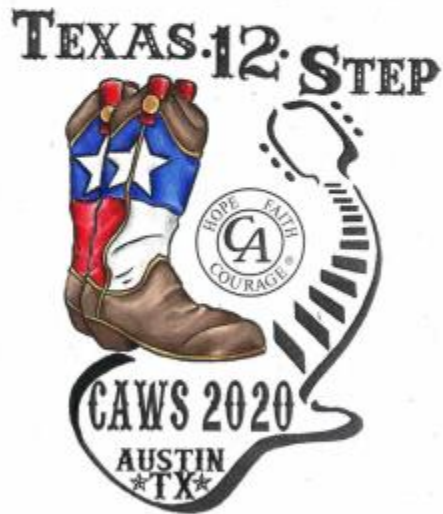
Cocaine Anonymous World Service Convention

Austin, Texas May 21st – 25th, 2020

Located at the Hyatt Regency in downtown Austin.

We're working on getting updated info posted to:

<http://ca-scta.org/2020worldconvention/>



Chair: Susan L. 512-699-8002 / Vice Chair: Cliff W. 512-6264149 / Trustee: Kerry W. 713-725-9516

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AREA NOMINATIONS

There will be nominations for Area Chairs for the following positions:

- H&I
- Unity
- Treasurer

Please visit www.ca-scta.org to view the Structure requirements.

We hope this is helpful and please consider stepping up for our area.

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UNITY EVENTS

REGISTRATION

NAME:

EMAIL:

ADDRESS:

CITY

STATE:

ZIP:

Snap a picture and text
Mark N. ~512-217-4725
newmanconst@yahoo.com

T-Shirts for
purchase at
event

**REGISTRATION WILL CLOSE ON
OCTOBER 9, 2019**

**REGISTER ASAP TO
SECURE YOUR CAMPSITE**

The park is located in Uvalde County, 31 miles north of the town of Uvalde, 9 miles south of Leahey, and 8 miles north of Concan, on the Frio River. From U.S. Highway 83, turn east on FM 1050 for 0.2 miles to Park Road 29 to the new entrance.

NOT ALL MEALS ARE PROVIDED SO PLEASE BRING YOUR OWN SNACKS AND FOODS FOR UNPROVIDED MEALS

Call/Text
Mark N. 512.217.4725
Zach A. 512.850.0132

CA-SCTA.ORG

Hotline: 512-339-4357



Hope
Faith
Courage



**Garner State Park
234 RR 1050
Concan, TX 78838
Nov 1-3, 2019**



Unity Event

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SCHEDULE

FRIDAY NOV. 1st

4:00 PM Meet and Greet

6:00-7:30 PM Dinner-Sandwiches & Chips

7:30 PM 50/50 Raffle/Donations

7:45 PM CA Speaker- Daven S.

9:00 PM Stories around the fire
w/ S'Mores

Saturday NOV. 2nd

7:00 AM Provided Sunrise Meeting & Meditation

8:00 AM Breakfast Tacos Provided

9:30 AM Scavenger Hunt **3 PRIZES**

12:30-2:15 PM Lunch Break "On your own"

1:00-5:00 PM Swimming , Hiking, Games

5:00-6:00 PM Food Provided

6:00 PM CA "Old Times" Meeting

7:45 PM Fellowship

8:00 PM Tammy L.

9:00 PM Stories around the fire
w/ S'Mores

Sunday NOV. 3rd

7:00 AM Breakfast Provided

8:00 AM Fellowship

10:00 AM Britney J.

12:00 PM Round Up Concludes

SPEAKERS

Friday Night

Daven S.

Saturday Night

Tammy L.

Sunday Morning

Britney J

RESERVATIONS

Contact Mark N.

512-217-4724

newmanconst@yahoo.com

Free Event

Suggested donations:)

Camping Gear Not

Provided

Amenities and Attractions:

- Located on the Frio River
- Screened shelters, cabins, or campsites
- Several trails for biking and hiking
- Geo-cache
- Water and Electric campsites
- One of the oldest dance floors in Texas

**Park entry NOT
included (\$8)**

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SUBMISSIONS

Experience, Strength & Hope

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A Guided Meditation

There's a lot of reasons why we meditate; physical attributes like you lower your blood pressure, you are less anxious, you are calmer, you sleep better, but the main reason we meditate is to connect to spirit, whatever spirit means to you.

Big breath in

Big breath out

Big breath in – hold for 4 seconds

Breathe out

Breathe in all the way

Breathe out all the way

Breathe in love

Breathe out fear

Breathe in joy

Breathe out despair

Breathe in light

Breathe out darkness

Breathe in hope

Breathe out doubt

Breathe in love

Breathe out fear

Breathe in courage

Breathe out fear

Breathe in gratitude

Breathe out fear

Breathe in gratitude

Breathe out fear

Breathe in joy

Breathe out darkness

Breathe in hope

Breathe out doubt

Breathe in love

Breathe out fear

Breathe the fear out out out out

Big breath in

Big breath out

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