

Summer 2021- June, July, August

# PIPELINE

COVERING NEWS FOR SCTA OF COCAINE ANONYMOUS

San Antonio Austin Laredo The Valley Kerrville Cedar Park



## PREAMBLE

**Cocaine Anonymous** is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization, or institution. We do not wish to engage in any controversy and we neither endorse nor oppose any causes. Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom.

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# HOTLINE INFO



These phone numbers are available to anyone with questions about recovery.

If you would like to be added to the hotline phone list, please contact:

**[hotline@ca-scta.org](mailto:hotline@ca-scta.org)**

San Antonio – (210) 232-6382

Kerrville – (830) 719-4889

Austin (512) 339-4357

The Valley (956) 255-2576

Laredo (956) 413-6588

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# GROUP DONATIONS

## Area

CA 183 \$104.42 / Area

Properly Armed \$51 / Area

Bottom Line \$100/ Area

## H&I Donations:

Drop Kick Rocks \$100

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### CAWS 2022 Convention May 26-30, 2022 Austin, Texas

On behalf of the entire CAWS 2020/21/22 committee, we want to thank all the powers that be for their confidence in our team's ability to present an amazing convention. We are still very excited to introduce Austin to the World!

A motion was passed to change the Convention logo. The inclusion of the bats is two-fold...the bats that fly out every night from the Congress Avenue bridge and the fact that we have yet again risen from the dead...like vampires or something. We will be having another tshirt fundraiser in the near future with the new logo.

So far, only the Steering Team is meeting and General Committee meetings may resume in person in July. Please stay tuned for more information on the upcoming meetings.

Please look for online information on our Facebook page (CAWS 2022 Austin, Texas), our website ([caws2022.org](http://caws2022.org)), Instagram and Twitter.

If you are interested in service work and would like to be a part of the CAWS 2022 team, please contact me at 512-699-8002.

As always, we are here to serve and if anyone needs additional information, please do not hesitate to contact me at 512.699.8002.

In love and service,

Susan Loth  
CAWS 2022 Convention Chair

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# AREA NOMINATIONS

There are currently no nominations for area chairs, but we encourage you all to come to an area meeting and learn the business side of CA!

Please visit [www.ca-scta.org](http://www.ca-scta.org) to view the Structure requirements.

We hope this is helpful and please consider stepping up for our area.

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# UNITY EVENTS

Hello fellow CA members!

I am going to use this space to thank Mark N for throwing an incredible Celebrate Around the World!

As things change, some meetings are opening back up. As tradition four states, "Each group should be autonomous except in matters affecting other groups or CA as a whole." In that spirit, each group will be making their own decisions on how to open up safely.

If you are struggling, or cannot get to a meeting, our website has resources and links to meetings that are held online. You are not alone, we may largely be together virtually, but we are still very much connected and unified.

Thank you, and until we meet in person again, I hope you continue to find ways to stay unified with your fellow CA members.

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# SUBMISSIONS

## Experience, Strength & Hope

Letter from the Editor:

The tenth step helps keep us accountable, because self can't see self, we are able to utilize others in this program to show us the ramifications of our actions and the delusions in our thought life. This step has been invaluable in my own life and has allowed me to continue to grow in this program. Without the guidance of the CA's that came before me through the tenth step I would not be here today.

-Lela M

Doing my best to work my tenth step daily is important to help me continue dealing with life on life's terms. Becoming more aware of how things such as resentment and fear come up in my life has enabled me not just to show up in more compassionate ways with others, but it also keeps me from becoming too caught up in myself and/or fighting life (well, most of the time). I definitely fall short some days and struggle with these character defects as we all do, but continuing to always work on spiritual progress has helped me learn self compassion and that I never have to handle life alone. I have the tools I have learned, my fellowship, and my higher power to continue to guide me.

-Paige M

The 10th step is a crucial tool that I use frequently and is vital to my sobriety. Almost daily I have something crop up and this step allows me to bring God in, discuss with someone else, and then turn my thoughts & be of service. This step allows me to get a different perspective and be able to see where I could possibly be at fault. Self cant see self, and I am so grateful to be surrounded by people who aren't afraid to step on my toes in the moment rather than step on my grave in the future.

-Camille K

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Before I came into recovery, I did a lot of harm to those around me due to my selfishness, dishonesty, greed, and other character defects. The process of working the first 9 steps allowed me to clear away much of the wreckage of my past and gave me the opportunity to right as much of those harms as possible. But a lifetime of addiction and the behaviors that went with that could not be changed overnight. The tenth step gives me instructions for what to do when I start to indulge the character defects that lead me to harm those around me. Step ten reminds me that my life and my self are a work in progress, that I don't have to be perfect, and the process of becoming the person God intended me to be takes action.

-Elizabeth M

During the pandemic, 10th steps with other women in the program became my saving grace (although they should always be my first line of defense, even before this). Being able to voice my resentments, fears, selfishness or dishonesty to another sister and have some accountability brought to me was so important. The longer I am sober the more comfort I find in reaching out to someone else and doing spot checks as much as I can. Being by myself and trying to see my own faults often left me blind to parts of myself that were due for growth. In moments of doubt, it is always better for me to do a quick inventory because when I am in doubt it almost always means I have overlooked something.

-Lauren R

The 10th step is a beautiful, multifaceted blessing; one of the many this program offers. Not only does the 10th step allow me to work through things immediately and help others do the same, but it also gives me the opportunity to truly connect with my fellow addicts and alcoholics, something I didn't know how to do in my addiction. The 10th step, like pretty much everything else in my recovery story, took practice and repetition as it was a very foreign concept for me to reach out and ask for help, talk to someone, allow someone in, be of service to others. I drew a lot of courage from the men and women around me and watching them get vulnerable, it gave me strength to do the same. It never ceases to amaze me how healing and helpful the 10th step is both doing and receiving, and I know it will never lose its magic if I keep reaching for it as a tool in my recovery. -Nina M.

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I personally love the 10th step. It's continues to help me grow in my sobriety and as a person. When I feel that someone has wronged me, I write resentment inventory on the situation.

In my head all I want to do is blame the other person, but with this step I can see how I also hurt the other person or wronged them as well. I can then go to the other person and talk to them, and then make an amends immediately. See how I can make it right. Being able to make an amends is so freeing, for them and me as well. When I get into an argument with my parents, I'm able to take step back collect myself by praying and writing inventory then being able to have a civilized conversation with them. See their point of view and hear them out. If I said anything harmful I'm able to make an amends and make it right. It helps so I can keep having trust with them and a relationship I didn't have while I was in active addiction. It's freeing for them when I can continue to see my wrongs and make them right.

-Jenna K