

Fall 2021- September, October, November

# PIPELINE

COVERING NEWS FOR SCTA OF COCAINE ANONYMOUS

San Antonio Austin Laredo The Valley Kerrville Cedar Park



## PREAMBLE

**Cocaine Anonymous** is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization, or institution. We do not wish to engage in any controversy and we neither endorse nor oppose any causes. Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom.

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# HOTLINE INFO



These phone numbers are available to anyone with questions about recovery.

If you would like to be added to the hotline phone list, please contact:

**[hotline@ca-scta.org](mailto:hotline@ca-scta.org)**

San Antonio – (210) 232-6382

Kerrville – (830) 719-4889

Austin (512) 339-4357

The Valley (956) 255-2576

Laredo (956) 413-6588

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# GROUP DONATIONS

## Area

Stepsisters \$55/ Area

Recovery Text \$100 / Area

H&I Donations:

CAWS 2022  
HYATT REGENCY  
AUSTIN, TEXAS  
May 26-30, 2022

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HEY FRIENDS!!!!

The World Convention at Austin was going to host in 2020 and 2021 has been postponed/rescheduled to May 26-30, 2022!!!

Let me tell you something incredible! The World of C.A. really, really wants to come to Austin! It is going to be epic! Really the first time that we, as a Fellowship, will have the opportunity to be together since March 2022!

Please come be a part of the team that is hosting this Convention. If you've never been to a C.A. World Service Convention, it will change your life!

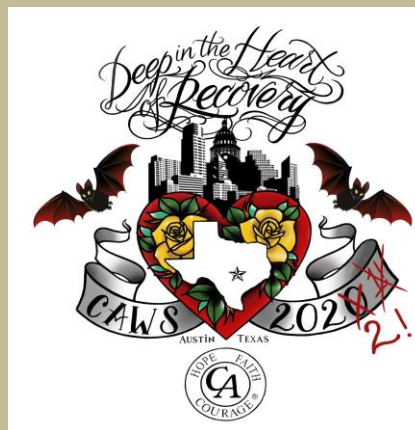
The General Committee will be meeting on Sunday, July 18, 2021 at the Hyatt Regency in downtown Austin at 10:00 am. Please, please come help us through the best ever World Convention in CA history!

Also, Registration for the Convention is back up and running. If you have booked your room, please registration by posting your Confirmation number on your registration form and you will receive a \$10 registration refund upon check-in, as well as \$5 in C.A. bucks to be used in Memorabilia (one refund per room, one time only).

The link for the discounted rate for rooms at they Hyatt Regency is now open.  
<https://www.hyatt.com/en-US/group-booking/AUSRA/G-ECWS>

If you have any questions about Registration, hotel reservations or being of service, text me at 512.699.8002.

Your C.A. World Convention Chair  
Susan Loth



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# AREA NOMINATIONS

There are currently no nominations for area chairs, but we encourage you all to come to an area meeting and learn the business side of CA!

Please visit [www.ca-scta.org](http://www.ca-scta.org) to view the Structure requirements.

We hope this is helpful and please consider stepping up for our area.

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# UNITY EVENTS

Hello fellow CA members!

We have our annual CA camping trip coming up on November 5<sup>th</sup>-7<sup>th</sup> at Camp Riverview! Join us for speakers, games, food and fellowship. For any questions reach out to Mark N at 512-217-4725.

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# SUBMISSIONS

## Experience, Strength & Hope

Letter from the Editor:

When many of us first enter sobriety, it is difficult to imagine having fun sober. Through walking through the fear of trying new things and making new connections and friendships I have found that I enjoy and appreciate all these experiences much more than I ever could have in my addiction.

-Lela M

Fun in sobriety takes a lot of different forms for me now. I used to think that sober fun, like so many other aspects of the program, had to be done 'right', had to look a certain way, but I've learned that isn't the case for me. Fun is a meeting where I see all of my people; a Unity event that I'm nervous to go to because I know I won't know everyone but go anyway and love meeting new people as well as connecting with friends; hanging out with a family member who I never thought I'd be able to have a relationship with again; spending time by myself truly enjoying it and not being terrified of being alone with myself; working with a sponsee or my sponsor. Saying going to work is a little bit of a stretch but you get the idea lol. I didn't realize I'd find so many different kinds of things enjoyable. It's not all about game nights and outings, really simple things are truly fun to me now that never used to be, including hanging out by myself watching Netflix with my kittens sometimes. I feel blessed God brought me that realization; that there isn't a definition of sober fun, that I can always make sobriety fun.

-Nina M

Learning to have fun in sobriety is one of the most challenging yet most important aspects of this way of life. Early on, I was under the impression that I was destined to live a boring life; that was not the case. I have learned a few things - to get out of my comfort zone, and that it's more about who I am with than what we are doing. We have thrown sober parties and events where I learned to let loose, but sometimes it's as simple as a small game night at home or trying a new hobby. Life is full of opportunities to have fun, and I stay open to trying whatever is thrown my way.

-Adam R

Before I got sober, I wasn't sure if I could even have fun while being sober. I have found that is absolutely not the case. With almost two years of sobriety, I have found out how to really enjoy the little things. Being able to connect with people is by far my favorite. I was an extremely shy person before, and now (while still a little shy) have been able to connect with people from all walks of life and have fun, supportive friends that keep me laughing constantly and really

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enjoying life. The fun I have today is far better than any "fun" I used to have before getting sober.

-Mary Kate O

I used to be unable to fathom that sobriety would ever be fun. But now that I've been sober awhile, I can't remember what was so fun about using. Sure, it was fun and exciting at first, mostly because it was my coping mechanism and an escape from the pain and trauma of my childhood and adolescence, and euphoria and oblivion was the main goal. But once dope became sustenance in my life, it lost its luster. When I got sober in 2018, I was like "what in the world am I going to do sober? Who am I going to be ?" And asking that question today I have so many answers ... many more than I could have ever had in my addiction... the possibilities are endless. I didn't do much of any living when I was using, and now I realize I can do all of the things (some I didn't even KNOW I wanted to do !) for me, those things include dancing, writing and playing music, laughing at any given chance, enjoying the outdoors, anything art or creativity related, and so much more. In addiction I thought "I need to be high to enjoy these things" but I've realized then I only needed to be high to find ways and means to get high again. the spiritual program of action opens many doors, and fun is definitely one of them, and more important than I think people in the rooms let on. We didn't get sober just to mire over our addiction. We got sober to help others find their way, be part of the fellowship, but also to LIVE LIFE. I've realized there is a whole world i didn't know about , or have the capacity to care about at the time. But now that there are so many options, I get even more excited about being sober every day. It's important for me to try something new, and not be judgmental about the outcome, and to enjoy the process.

Sarah M

### Fun in sobriety

Fun in sobriety for me today is nothing like how I imagined it would be - I had and still occasionally struggle with having a negative perspective on fun. Getting sober made me feel like I had used up all of my "fun" times and I had to make myself be this serious, reserved adult because I didn't deserve to have fun anymore. That's not true at all! Today my definition of fun is so much more broad. I can make jokes and have the same amount of fun while grocery shopping on a Tuesday morning as I do riding in a boat with friends on Lake Travis! What it really comes down to is my attitude, perspective, and being at peace with myself, aka my spirituality. Might sound corny but it's true! I can be happy and have fun anywhere at any time. It's wild! If my spiritual life is vibing, then so am I. 

-Bonnie O

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